

OCTOBER 2024

2 You can always **Pick 2** for Breakfast in the Cafe

Choose breakfast entrée or Pick **TWO*** of the following: **cereal**, **string cheese**, **toast** or **yogurt**.

*No duplicates on cereal or yogurt
BIC Schools Have Daily Cereal Option

ACE'S CORNER

Pre-K Menu

Fresh Fruits & Vegetables Offered at every meal

All salads can be made vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Offered Daily Fresh Fruit and Vegetables Dinner roll Skim Milk	Ham, egg & cheese bagel Tater tots Applesauce cup Taco Tuesday Seasoned Black Beans Salsa Diced peaches	WG Pancakes Chicken sausage Orange slices Pasta with Meatballs & Cheese Green Beans Applesauce cup	Cheese Omelet Hashbrown patty Diced peaches Fish Sticks French Fries Coleslaw Diced pineapple	Sausage , egg & cheese melt On English Muffin Fresh Banana Cheese/Pepperoni Pizza Garlic Bread Garden Side Salad Diced pears
Pancake wrapped Sausage Orange Slices Bosco Sticks Marinara Dipping sauce Steamed Broccoli Apple Slices	Sausage, cheese & egg Melt on a biscuit Diced pineapple Macaroni & Cheese Green beans Blueberries	Breakfast Pizza Tater tots Diced peaches Meatball Sub Buttered peas Applesauce cup	Cheese Omelet Hash brown patty Fresh banana Sweet & Sour chicken Over Rice Steamed Carrots Diced peaches	Whole grain French toast Bacon Applesauce Pizza Crunchers Sliced Cucumbers Diced pineapple
No School! Columbus Day	Whole Grain waffles Chicken sausage Orange Slices French Toast Sicks Hashbrown Patty Chicken Sausage Applesauce cups	Whole Grain Pancakes Chicken sausage Blueberries Corn Dog Baked Beans Broccoli Diced pineapple	Oatmeal Bowl Bacon Strawberries Popcorn Chicken Bowl Mashed Potatoes Buttered Corn Strawberries	Sausage, cheese & egg Melt on an English muffin Fresh Banana Cheese/Pepperoni Pizza Garlic Bread Garden Side Salad Diced peaches
English muffin w/ jam & cheese stick Applesauce cup Chicken Patty Sandwich Sweet Potato Fries Diced pears	Ham, cheese & egg On Bagel Diced Pineapple Hot Dog Tater Tots Baked Beans Diced peaches	Breakfast Pizza Tater tots Diced peaches Philly steak Sandwich French Fries Red Pepper Strips Watermelon	Breakfast Burrito Orange slices BBQ popcorn chicken Coleslaw Broccoli Applesauce cups	French Toast Sticks Chicken Sausage Apple Slices Jumbo Pretzel w/ cheese sauce Yogurt cup Red Pepper Strips Diced pineapple
Pancake wrapped Sausage Fresh Banana Mozzarella Sticks Marinara Sauce Peas Diced pears	Sausage, cheese & egg Melt on a biscuit Orange slices Bacon Chicken Ranch Sandwich Tater tots Diced pineapple	Whole Grain Pancakes Chicken sausage Strawberries Fish Sticks Baked beans Coleslaw Diced peaches	Cheese Omelet Hash brown patty Apple Slices Meatball Sub Green Beans Applesauce cup	