



OCTOBER 2024

2 You can always **Pick 2** for Breakfast in the Cafe

Choose breakfast entrée or Pick **TWO*** of the following: **cereal**, **string cheese**, **toast** or **yogurt**.

*No duplicates on cereal or yogurt
BIC Schools Have Daily Cereal Option



ACE'S CORNER



Fresh Fruits & Vegetables Offered at every meal

All salads can be made vegetarian

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Offered Daily Frudels & Muffins Variety cereal & pop tarts Choice of Milk Chicken Nuggets Pb&j & Bagel Meals Salads & Parfaits Meat, Cheese & Cracker box		Ham, egg & cheese bagel Tater tots	1	WG Pancakes Chicken sausage	2	Cheese Omelet Hashbrown patty	3	Sausage , egg & cheese melt On English Muffin	4
		Taco Tuesday Seasoned Black Beans Salsa Diced peaches		Pasta with Meatballs & Cheese Green Beans Applesauce cup		Fish Sticks French Fries Coleslaw Diced pineapple		Cheese/Pepperoni Pizza Garlic Bread Garden Side Salad Diced pears	
Pancake wrapped Sausage Bosco Sticks Marinara Dipping sauce Steamed Broccoli Apple Slices	7	Sausage, cheese & egg Melt on a biscuit	8	Breakfast Pizza Tater tots	9	Cheese Omelet Hash brown patty	10	Whole grain French toast Bacon	11
		Macaroni & Cheese Green beans Blueberries		Meatball Sub Buttered Peas Applesauce cup		Sweet & Sour chicken Over Rice Steamed Carrots Diced peaches		Early Dismissal Grab and Go Lunch available!	
No School! Columbus Day	14	Whole Grain waffles Chicken sausage	15	Whole Grain Pancakes Chicken sausage	16	Oatmeal Bowl Bacon	17	Sausage, cheese & egg Melt on an English muffin	18
		French Toast Sicks Hashbrown Patty Chicken Sausage Applesauce cups		Corn Dog Baked Beans Broccoli Diced pineapple		Popcorn Chicken Bowl Mashed Potatoes Buttered Corn Strawberries		Cheese/Pepperoni Pizza Garlic Bread Garden Side Salad Diced peaches	
Whole Grain Glazed Donut Yogurt cup	21	Ham, cheese & egg On Bagel	22	Breakfast Pizza Tater tots	23	Breakfast Burrito	24	French Toast Sticks Chicken Sausage	25
		Hot Dog Tater Tots Baked Beans Diced peaches		Philly steak Sandwich French Fries Red Pepper Strips Watermelon		BBQ popcorn chicken Coleslaw Broccoli Applesauce cups		Jumbo Pretzel w/ cheese sauce Yogurt cup Red Pepper Strips Diced pineapple	
Pancake wrapped Sausage Mozzarella Sticks Marinara Sauce Peas Diced pears	28	Sausage, cheese & egg Melt on a biscuit	29	Whole Grain Pancakes Chicken sausage	30	Cheese Omelet Hash brown patty	31		
		Bacon Chicken Ranch Sandwich Tater tots Diced pineapple		Fish Sticks Baked Beans Coleslaw Diced peaches		Meatball Sub Green Beans Applesauce cup			