## Elementary

2023

## Hello Fall!!

Monday	Tuesday	Wednesday	Thursday	Friday
30 Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	31 Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	Assorted Frudels and Muffins     Variety of Cold Cereal & Poptart     Fresh Fruit     100% Juice     Choice of Milk	2 Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	3 Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk
6 Glazed Donut Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	7 Hot Ham & Cheese Egg sandwich on a bagel Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	8 Pancakes & Sausage Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	9 Cheese Omelet Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	10 Veteran's Day Thank You For Your Service!!
13 Oatmeal Breakfast Bar Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	14 Cheesy Scrambled Eggs Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	15 Fruit & Yogurt Bowl Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	16 Cinnamon Roll Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	17 Banana Bread Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk
20 Glazed Donut Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	21 Hot Ham & Cheese Egg Sandwich on a bagel Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	22 Holiday Break!	Have a Safe And Happy	Thanksgiving!!
27 Oatmeal Breakfast Bar Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	28 Cheesy Scrambled Eggs Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	29 Fruit & Yogurt Bowl Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	30 Cinnamon Roll Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk	1 French Toast & Bacon Assorted Frudels and Muffins Variety of Cold Cereal & Poptart Fresh Fruit 100% Juice Choice of Milk

November

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